

WE CARE ABOUT YOU, AND EXPECT THAT YOU CARE ABOUT OTHERS

Our goal is to create a safe, welcoming, and respectful space for everyone to enjoy – regardless of gender, sexual orientation, disability, physical appearance, body size, age, skin color or dance level/ ability. As part of the FdC-community, we agree on the following guidelines:

IT'S OK TO SAY NO

- Personal space and individual boundaries must always be respected.
- When asking someone to dance – or being asked – it's always fine to say No without giving a reason.
- If someone turns you down for a dance, accept their answer gracefully and simply ask someone else.
- Agreeing to dance does not automatically mean agreeing to anything beyond that.
- Consent can change at any time.
- Everything that happens after a No is considered harassment and will not be tolerated.



RESPECT YOUR FELLOW DANCERS

- Gender does not determine dance roles: anyone can lead or follow.
- Pay attention to what others want – or don't want – and respect it.
- Persistent unwanted attention, on or off the dance floor, is not acceptable.
- Please don't offer unsolicited advice while dancing.
- Body awareness: Each dancer is responsible for being mindful of their own movements, their partner's position, and the dancers around them to avoid collisions.



COMMUNICATE WITH YOUR DANCE PARTNERS

- Use respectful language: sexual or discriminating comments and jokes are not welcome.
- Anyone may invite someone to dance – but wait for an answer before starting.
- Acrobatic moves and lifts should only be done with prior agreement.
- If you accidentally touch a sensitive area, apologize immediately.
- If you have an injury or feel pain, let your partner know.
- You can stop a dance at any time – even in the middle of a song or set. Live band sets and DJ performances can be long, so listen to your body.
- Flirting is welcome as long as it's respectful. If your interest is not reciprocated, accept it and move on.



PERSONAL CARE AND HYGIENE

- Forró is danced in close embrace.
- Good hygiene helps make dancing enjoyable for everyone. Please take care of your body.
- Deodorant is available in the bathroom – feel free to use it. Breath mints are also appreciated.

